

#inclusion

## WORKSHOPS TO LEARN THE BASICS AND COMBAT THE DIGITAL DIVIDE

Structure : The CyberGrange

# La CyberGrange

Strasbourg

Grand Est

## DIGITAL INCLUSION

A driver of autonomy, equality, and social innovation in the Grand Est region.

The “Cyber-Senior” workshops organized by Cybergrange are designed for people facing digital exclusion and help them learn the basics. This series of workshops has multiple objectives:

- To help everyone feel more comfortable with digital technology
- To be able to communicate with loved ones
- To complete administrative tasks online
- To browse the internet with confidence

## A comprehensive program

The workshops cover various aspects of digital technology: from getting started to raising awareness, including practical everyday tasks.

- Getting started with your smartphone
- Discover social media platforms like Facebook and Instagram

- Staying in touch with loved ones using WhatsApp
- Protecting your personal data
- Avoiding online scams
- Handling administrative tasks