

#circular

#insulation

#mutual aid

## RECLAIMING ONE'S LIVING SPACE AND THE WAYS OF BUILDING, DESIGNING, AND INSULATING IT

Structure : Mycélium' Nature and Construction



Brittany

The Mycélium' Nature et Construction association is:

- **Raising awareness and fostering an understanding of construction using bio-based and local materials**, as well as the concepts and principles of permaculture, through engaging activities, immersive workshops, inspiring events, and informational initiatives accessible to everyone.

Helping people discover that living can become an act of social weaving deeply rooted in one's local community.

- **To empower and foster self-reliance by sharing eco-construction techniques** and experimentation, particularly through participatory and educational building projects.

To promote learning by doing, cooperation, and the sharing of practical skills, so that everyone can regain confidence in their ability to build and create. To demonstrate that living in a healthy, natural, and beautiful place is accessible to all budgets

- **Build and expand a mutual aid network** bringing together individuals, professionals, associations, and local and national stakeholders committed to shared values.

Promote the exchange of skills, collective dynamics, and solidarity projects related to the association's mission.

Learn techniques for circular straw-based housing

How to insulate effectively and live in a healthy home

Discuss circular housing.

**Workshops and awareness-raising activities: Exploring bio-based, geosourced, and locally sourced materials**

## Liens

<https://www.mycelium-natureconstruction.fr/accueil>