

#circuit

#co-consumer

#commitment

AMAP: A LOCAL PARTNERSHIP BETWEEN A GROUP OF CONSUMERS AND ONE OR MORE LOCAL PRODUCERS, BASED ON A SYSTEM OF DISTRIBUTING "BASKETS" FILLED WITH FARM-FRESH PRODUCE.

Structure : Conscious Consumers 46

Difficulté : facile



Gourdon (Lot)

Occitanie

We have established a **community-based partnership** between a **group of consumers** and **local producers**. The foundation of this partnership is a distribution system of “baskets” filled with farm-fresh produce.

It is also a **solidarity-based contract**, founded on the financial commitment of consumers, who pay in advance for all their purchases over a defined period. This system therefore operates on the principle of trust and mutual accountability between consumer and producer.

A CSA is:

- * **for the farmer**, the maintenance of agricultural activity through a guaranteed income;
- * **for the consumer**, fresh, seasonal, organic food produced from local or heirloom plant varieties or animal breeds;
- * **For both partners**: a fair price.

We currently bring together **11 producers** who feed **about 100 families**

Meat, bread, vegetables, milk & cheese, and fruit are distributed every week

Liens

<http://consomacteurs46.fr>