

#advice

#culture

#workshop

COMMUNITY GARDENS PROMOTE SOCIAL INTEGRATION THROUGH GARDENING

Structure : Garden Resin



Draguignan

Provence-Alpes-
Côte d'Azur

Community gardens promote social integration through gardening.

The program aims to revitalize people facing difficulties and rebuild social connections by allowing them to cultivate a plot of land, thereby breaking out of isolation and regaining self-confidence.

Community gardens: Gardeners grow and harvest produce for their own consumption, meet one another, and help each other. To support this, Résine provides a technical supervisor to manage the gardens and welcome participants, a facilitator for workshops, and a social and professional support worker for ad hoc assistance and follow-up.

OBJECTIVES

Community gardens are centered around multiple objectives, stemming from the creation, management, or participation in a garden.

SOCIAL OBJECTIVES

AWARENESS-RAISING, EDUCATIONAL, AND TRAINING OBJECTIVES

ECONOMIC OBJECTIVES

SOCIO-PROFESSIONAL INTEGRATION OBJECTIVES

ACTIVITIES

Beyond tending their own gardens, community gardens also offer group activities.

MAIN WORKSHOPS ON GARDENING

COOKING AND NUTRITION WORKSHOPS

MEETING AND EXCHANGE WORKSHOPS

WORKSHOPS ON GARDENING

SOME FIGURES

5 PLOTS FOR ASSOCIATIONS

16 INDIVIDUAL PLOTS

98 COOKING WORKSHOPS

6 ACTIVITIES AND EVENTS

Liens

<https://resinejardin.net/>