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#advice #culture #workshop

# Community gardens promote social integration through gardening

Structure : Garden Resin

Draguignan | Provence-Alpes-Côte d'Azur

Community gardens promote social integration through gardening.
The program aims to revitalize people facing difficulties and rebuild social connections by allowing them to cultivate a plot of land, thereby breaking out of isolation and regaining self-confidence.

Community gardens: Gardeners grow and harvest produce for their own consumption, meet one another, and help each other. To support this, Résine provides a technical supervisor to manage the gardens and welcome participants,  a facilitator for workshops, and a social and professional support worker for ad hoc assistance and follow-up.

**OBJECTIVES**

Community gardens are centered around multiple objectives, stemming from the creation, management, or participation in a garden.

SOCIAL OBJECTIVES

AWARENESS-RAISING, EDUCATIONAL, AND TRAINING OBJECTIVES

ECONOMIC OBJECTIVES

SOCIO-PROFESSIONAL INTEGRATION OBJECTIVES

**ACTIVITIES**

Beyond tending their own gardens, community gardens also offer group activities.

MAIN WORKSHOPS ON GARDENING

COOKING AND NUTRITION WORKSHOPS

MEETING AND EXCHANGE WORKSHOPS

WORKSHOPS ON GARDENING

**SOME FIGURES**

5 PLOTS FOR ASSOCIATIONS

16 INDIVIDUAL PLOTS

98 COOKING WORKSHOPS

6 ACTIVITIES AND EVENTS

## Liens

https://resinejardin.net/