

#mutual aid

#package

MUTUAL AID AND FOOD ASSISTANCE PLATFORM

Structure : L'Après M



Marseille

Provence-Alpes-
Côte d'Azur

Located at the crossroads of Marseille's northern neighborhoods, in the former Saint-Barthélemy McDonald's restaurant, l'Après M is a mutual aid platform born out of the solidarity of former employees, associations, labor unions, and residents from various neighborhoods across Marseille.

The widely publicized citizen-led takeover of the restaurant during the first lockdown in March 2020 made it possible to provide food aid to the people of Marseille at a time when supplies were scarce or even nonexistent, relying exclusively on donations from individuals, businesses, and farmers.

The organization, based on principles of sharing, mutual aid, and kindness, draws on the venue's history, fuels its future, and aims to transform this mutual aid platform into a cooperative society of collective interest (S.C.I.C.).

After several months of tireless volunteer work, December 5, 2022, marks the soft opening of Fast Social Food for a week-long trial run. Gradually getting the hang of this operational tool to offer two lines: a classic fast food menu and a "fastronomic" menu featuring its star-studded "OVNI," whose filling recipe was developed through a collaboration with three-star chef Passedat.

Every Monday, 600 to 1,200 food packages are distributed free of charge, with no restrictions based on location or income.

These packages contain dry goods (varying items: pasta, rice, canned goods, sugar, flour, milk, oil, cakes), fresh produce (varying items: dairy products, fruits, and vegetables), and beverages.

The packages are put together by volunteers using donations.

Liens

<https://www.apresm.org/>