

#child

#ecology

#sustainable

AN INFORMATION PORTAL DEDICATED TO FAMILY AND NATURAL LIVING THAT SUPPORTS THE LOCAL ECONOMY

Structure : Naturally, with the family



Occitanie

Founder of the website Naturellement en famille:

I am a mother of three from Montpellier with a strong passion for research and sharing information. Drawing on my experience and my curiosity, I enjoy providing positive and useful information by approaching it from a different angle, within a coherent framework, particularly by involving local services.

I am committed to organic living and alternative solutions, and I am passionate about protecting the environment and promoting health. I have a deep interest in children's well-being, education, nutrition, ecology, and sustainable development.

I bring my experience and firsthand knowledge of the needs of parents and children

Why this website?

These days, we've all heard about the problems linked to pollution—affecting health and the environment—and the depletion of resources, not to mention the economic crisis we're all feeling.

I've chosen to address these issues in a more accessible, positive, and local way by focusing on families: children are the adults of tomorrow, and parents care deeply about their well-being, with a strong emotional connection to these topics.

The Naturellement en famille website is an editorial site and a local family guide designed for parents and families in Occitanie who want to learn about the meaning and possibilities of moving toward responsible consumption.

This information portal, dedicated to families and natural living, supports the local economy.

It highlights recommended places and offers advice on how to consume more responsibly by combining practicality and quality. It promotes short supply chains and local businesses committed to environmental issues.

Naturellement en famille addresses topics related to sustainable development, ecology, organic living, environmental stewardship, and parenting.

It offers a range of alternative choices and brings together in one place articles, ideas for outings and activities, links, and an eco-friendly and nature directory.

Naturellement en famille is a facilitator for living better and consuming differently in Occitanie.

Topics Covered

[Food and Responsible Consumption](#)

- [AMAP and Organic Baskets](#)
- [Food](#)
- [Breastfeeding](#)
- [Organic and Vegetarian Dining](#)
- [Parenting and Education](#)
- [Activities and Outings](#)

- [Eco-tourism School breaks](#)

Liens

<https://naturellement-en-famille.fr/>