

#children

#well-being

## AN ORGANIZATION DEDICATED TO RECONNECTING PEOPLE ESPECIALLY CHILDREN WITH NATURE

Structure : RECONNECT WITH NATURE



reconnect  
nature

La Seyne-sur-Mer

Provence-Alpes-  
Côte d'Azur

ReconnectNature is an organization dedicated to reconnecting people—particularly children and vulnerable groups—with nature. Through inclusive, educational, innovative, and artistic initiatives, it aims to foster resilience, creativity, and sustainable development.

ReconnectNature offers an international, interdisciplinary, and inclusive methodological approach based in part on “The 5 Pathways to Reconnecting with Nature” developed by the University of Derby.

### Why reconnect with nature?

- **Reduce screen time:** Children spend twice as much time in front of screens as they do

playing outside.

- **Improve well-being:** Nature helps reduce anxiety, improve concentration, and strengthen emotional resilience.
- **Address global challenges:** Reconnecting with nature enables us to tackle climate and societal changes with creativity and confidence.

## Our Mission

To give everyone, regardless of age or background, the opportunity to deeply reconnect with nature, thereby enhancing their well-being, resilience, and commitment to the environment.

By nurturing this connection, we aim to inspire positive action for both individuals and the planet.

- Innovate
- Inspire
- Collaborate
- Reconnect

## Liens

<https://reconnectnature.org/>