

#bio

#compost

#workshop

ENCOURAGING BORDEAUX RESIDENTS TO CONSUME RESPONSIBLY

Structure : The Fruits of the Earth



Bordeaux

New Aquitaine

The association initiates projects that combine environmental awareness with urban life through:
- sales of local and sustainable products,

- organizing conferences and permaculture workshops in partnership with others,
- setting up a compost bin with the help of neighborhood residents...

In the face of the global crisis, becoming a “consum-actor” is a solution within our reach.

Les Fruits de la Terre Bordeaux is part of this movement; the association aims to enable Bordeaux residents to consume responsibly and offers activities that foster humanistic values: volunteering, gardening, conferences...

At 118 Rue Mouneyra, Les Fruits de la Terre offers:- Fruit and vegetable baskets produced by "Les Saveurs du Bois Roc" in the town of Monestier. A professional reintegration association, entirely organic. Pick up on Wednesdays or Thursdays from 4:30 PM to 8:30 PM.

- Organic eggs from "La Poul ô Bio" in Noillac - Organic artisanal bread from the Boiens bakery in Biganos - Organic meat, delivered every 1–2 months from the Menaubayle farm in Bieujac - A wide range of organic ingredients: honey, flour, oils, wines, beers, tomato sauce, cider, apple juice

Les Fruits de la Terre aims to contribute to building a more harmonious world by offering nature-friendly alternatives. We share two things: the Earth and the need to feed ourselves; we have the power to choose how to care for ourselves, others, and nature.

WORKSHOPS AND PROJECTS:

- The association offers “**Hands in the Earth**” **workshops** at the Jardin de la Béchade, introducing participants to permaculture in collaboration with the “Les Fûts de Tauzin” association, which is present on-site once a month.
- The association has initiated a neighborhood **compost bin** on Place Amédée Larrieu, and gardening boxes are in the works.
- We also publish a **newsletter**, written by our members, *La Feuille de Chou*, twice a year.
- We offer **lectures** on environmental topics featuring qualified speakers.

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<https://www.helloasso.com/associations/les-fruits-de-la-terre>